# RESONANCE FREQUENCY VARIATIONS OF METALLIC TIBETAN SINGING BOWL WITH TEMPERATURE

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Abstract- Metallic signing bowls are used in sound therapy and in Buddhist prayers are widely studied for their resonance frequency modes [13,2]. Studies have also been carried out to understand the resonance frequency variations effects of the bowl partly filled with water and the resulted changes in the resonance modes were studied without considering the coupling effects of the metal-fluid interfaces and fluid-fluid interfaces[13]. Also Nonlinear effects and the temperature variation effects are not considered. In addition Finite elements based models (FEM) have been developed to analyze the higher order modes [2,15] of the bowl. However all these FE models do not consider the torsional mode of vibration and the nonlinear effects due to temperature and fluids even though they are significant in the metallic singing bowls. Also very limited work has been done to understand the temperature variations of the singing bowl resonance frequencies. First part of this paper describes the variation of resonance frequency modes have been observed with the experimented temperatures from  $5^{\circ}$ C to  $40^{\circ}$ C, which is the commonly used temperature range for the singing bowls. Also comparison of the simulation results with experimental data are discussed. The second part of this paper discusses a nonlinear FE analysis of the metallic singing bowls with metal-fluid and fluid-fluid coupling layers elements. The simulated resonance modes and the measured resonance modes results are compared in this paper.

Index Terms- Metallic Singing Bowls, Structural-Fluid, Acoustic Coupling, Nonlinear Finite Element modelling.

## I. INTRODUCTION

Acoustic resonators have been used in Buddhist practices [16] and ancient healing rituals. Out of many kinds of ancient metallic singing bowls, there are three types which are widely used in Buddhist practices (Fig 1.a, Fig 1.b and Fig1.c). They are the Tibetan version (Fig 1.a), the Chinese version (Fig 1.b) and the Indian version (Fig 1.c). Exact manufacturing history of metallic singing bowls still not known [13]. During this study only a version of metallic Tibetan singing bowl is selected, that is been commonly used in sound therapy (Fig 1.a). Exact martials constituents and composition of these Bowls are not yet know, however metallic analysis have found that they are comprising of multitude of metals including copper, tin, zinc, iron, silver, gold and nickel (Bronze alloys) [13,2].Out of many excitation methods, rubbing outer ring of the bowls excitation method is used. For the analytical modelling of the resonance modes I have used the French et al [14] work as previous researchers have done [13] and in addition considered the torsional vibrating modes, Temperature effects and the nonlinear fluid effects [14]. Moreover finite elements modelling (FEM) has been carried out by the researchers[13,2] to understand complex vibrational modes did not consider the structural-fluid and fluid-fluid acoustic coupling effects and also only the nonlinear effects of the excitation is considered with respect to nonlinear nature of the problem. This study also carried out a nonlinear FEM based modelling, in addition to the nonlinear effects of the excitation method, I have

considered the structural-fluid and fluid-fluid acoustic coupling, temperature effects and nonlinear effect of the fluid on the resonance modes of the singing bowl.

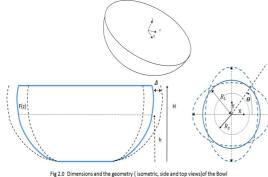


# II. ANALYTICAL TEMPERATURE MODEL OF THE SINGING BOWL

It is assumed that the bowl is vibrating both horizontal plane and vertical plane as shown in the Fig2.0. Previous researches have observed that the oscillation modes of the bowl resembles that of the wine glasses [13] without taking the geometrical variations between the wine glass and the signing bowl. Therefore the conservation of energy based multimodal linear analytical model by French et.al. [14,3,4,6,9,10] of the wine glass resonances can be modified and applied to analyze the bowl. Assumed that the vertical modes are n and horizontal modes are m. Where, X,Y,Z are the orthogonal coordinate system, (0,0,0) coordinate is at the center of the base of the bowl, H is the height,  $R_L$  is the initial top of the bowl radius,  $R_{a}$  is the bowl base radius,  $\theta$  is the azimuth angle and  $\Delta$  is the amplitude of the oscillation, F(z) is the bowl side edge geometry profile transformation displacement with respect to the height z which is monotonically increasing one, fluid

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filled height is taken as h and thickness of the bowl is taken as a [14]. The edge effect curvature is not considered. The oscillating frequency is taken as  $\boldsymbol{\omega}$ , then the following equation 2 can be taken as the generalized equation of radial vibration for the bowl and the frequency variations due to the partly filed bowl is analyzed by using the generalized equation 3. These two equations are the generalized form of French et. al.[14] equations for the fundamental form. Then these two equations are used to formulate the vibration modes frequencies. Equations 2 and 3 are used to develop the temperature dependent equations and hence obtain the frequency variation analytical models.



The radial direction displacement r(t) is given by,  $r(t) = \Delta \cos(\omega t) \cos(n\theta) F(z) - - - - (1)$ Then total energy (E) of the system of small volume is given by assuming an isothermal system. E= Kinetic Energy + Potential energy

Then the modes of vibrating frequency for the empty bowl given by equation 2,

$$f_{n,m} = \frac{\omega_{n,m}}{2\pi} = \frac{1}{12\pi} \left(\frac{3V}{p_b}\right)^{1/2} \frac{\alpha}{R_L^2} \left[ \frac{\left( (n^2 - 1) + \binom{mR_L}{H} \right)^4 \right)}{\left( 1 + \frac{1}{n^2} \right)} \right]^{1/2} - (2)$$

Where Y is the Young's modulus,  $p_{z}$  is the density of the bowl. For the wine glass model of French it is approximated that the  $F(z) = (Z/Z)^{2/2}$  as the bowl edge profile different form that of the wine glass and also the relative deformation is more with the metallic bowls F(z) is approximated for the bowl as  $F(z) = (Z/Z)^{k}$  where the constant k is found by plotting the profile F(z) against z and then by using least square regression approximation. At z=0 deformation is taken as 0. K is approximated as 5/4. From the French et al equations [14] it can be easily shown that the A is given by equation 2.1,

$$A = \left(\frac{\pi}{2}(p_b a R_b) \left(1 + \frac{1}{n^2}\right) + \alpha \frac{\pi}{3} p_l R^2 \left[\frac{\int_0^{\infty} F(z)^2 dz}{\int_0^{H} F(z)^2 dz}\right]\right) \Delta^2 - (2.1)$$

Can be simplified as equation 2.2,

$$A = \left(\frac{\pi}{2}(p_b \alpha R_b) \left(1 + \frac{1}{n^2}\right) + \alpha \frac{\pi}{8} p_l (R_b)^2 \frac{16}{41} \left(\frac{h}{H}\right)^{\frac{3}{2}/16} \right) \Delta^2 - (2.2)$$

Where  $\alpha$  is a constant dependent on the boundary conditions between the bowl surface and fluid for a perfect coupling  $\alpha = 1$  and  $p_i$  is the density of the fluid. From French et al [14] B is given by the equation 2.3,

$$B = \frac{\pi}{24} \left( \frac{Ya^3}{R_L^3} \right) \left( (n^2 - 1) + \left( \frac{mR_L}{H} \right)^4 \right) \Delta^2 - (2.3)$$

Then the resonance modes frequencies are obtained from the following approximated equation 3.

$$f_{n,m} = \frac{1}{12\pi} \sqrt{\frac{B}{A}} = \frac{1}{12\pi} \left( \frac{\left(\frac{3Ya^2}{R_L^2}\right) \left( \left(n^2 - 1\right) + \left(\frac{mR_L}{H}\right)^4 \right)}{\left( \left(y_b a\right) \left(1 + \frac{1}{n^2}\right) + ay_l R_2 \frac{16}{164} \left(\frac{h}{H}\right)^{41/16} \right)} \right)^{1/2} - (3)$$

Since Bronze alloys tends to reduce its young's modulus with the increase of the temperature [8].We assumed the Young's modulus variation with temperature Y(T) is given by the equation 3.1 and its value is reducing with temperature. At temperature from  $5^{D}$ C to  $40^{\circ}$ C we can assume that the reduction of the young's modulus is linear with first order reduction coefficient  $\alpha_{F}$ .

$$Y(T) = Y_5(1 - \alpha_Y T) - - - - - (3.1)$$
  
Where *V* is the Young's modulus at  $5^0$ 

Where  $\mathbb{F}_5$  is the Young's modulus at  $5^{\circ}$ C and T is the Temperature difference in  $\mathcal{C}^{\circ}$  from  $5^{\circ}$ C.

Since it is a metallic bowl we assumed material is linear homogeneous and isotropic so that  $R_L$  and H are increasing linearly with the temperature and are given by the following equation 3.2 and 3.3.

$$R_{L}(T) = R_{L_{5}}(1 + \alpha_{R_{L}}T) - \dots - \dots - (3.2)$$
  

$$H(T) = H_{5}(1 + \alpha_{H}T) - \dots - \dots - \dots - (3.3)$$

Where  $R_{L_{\rm B}}$  and  $H_{\rm B}$  are respective values at 5°C and  $\alpha_{R_{\rm L}}$  and  $\alpha_{\rm M}$  are linear thermal expansion coefficients. The densities  $p_{\rm B}$  and  $p_{\rm I}$  [7,8] are decreasing with the temperature according to the following equation 3.4 and 3.5, respectively, where  $\alpha_{\rm PB}$  is the thermal reduction coefficient.

$$p_{b}(T) = p_{b5}(1 - \alpha_{pb}T) - \dots - \dots - (3.4)$$

p(T) = 999.85308 + 6.32693x10<sup>-2</sup>T - 8.523829x10<sup>-3</sup>T<sup>2</sup> + 6.943248x10<sup>-3</sup>T<sup>3</sup> - 3.821216x10<sup>-7</sup>T<sup>4</sup> - -(3.5)

Also since the fluid thermal expansion is more than the metallic expansion the h(T) also increasing and we

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assume that to be linear and given by the equation 3.6, where  $\alpha_{fi}$  is the thermal expansion coefficient.

$$h(T) = h(1 + \alpha_h T) - - - - - - - - (3.6)$$
  
Thickness (a) variation not considered as it is smaller

compare to the other dimensions.

By using the 3 and 3.1 to 3.6 equations the temperature dependent resonance frequency modes can be found by using the equation 4.

$$f_{n,m} = \frac{1}{12\pi} \left( \frac{\left(\frac{2V(T)a^2}{R_L(T)^2}\right) \left( \left(n^2 - 1\right) + \left(\frac{mR_L(T)}{R(T)}\right)^4 \right)}{\left( \left(p_0(T)a\right) \left(1 + \frac{1}{m^2}\right) + ap_l(T)R_L(T)\frac{16}{164} \left(\frac{b(T)}{R(T)}\right)^{42}/16} \right)} \right)^{-1} - (4)$$

Assuming  $\frac{R_{L}(I)}{H(I)}$  comparable and geometrical volumes of the bowl and fluid and  $R_L(T)$  and h(T) increasing and Y(T) reducing it can be seen that the temperature variation of  $\mathbf{f}_{num}$  is negative that means as the temperature increases the resonance modes frequencies are reducing of the singing bowl under both empty and the partly filled conditions. Young's modulus Y is estimated by using the resonance frequency modes at n=2 and m=0 at a given temperature. Also other dimensions are also measured at different temperatures and temperature coefficients were estimated.

#### III. IMPROVED NONLINEAR FINITE ELEMENT (FE) BASED MODEL

However analytical solution discussed in the previous chapter does not taken into the account the nonlinear effects. Nonlinear finite element methods based solutions have been put forward by researchers [13,2]. A nonlinear FE method introduced by the Octávio Inácio et al [2] does not taken into the account of the nonlinear effects due to temperature, acoustic pressure and structural-acoustic coupling at the fluid-bowl and fluid-fluid contacts regions but only consider the nonlinear effects of the force at contact points. However the nonlinear effects due to the force contact points have limited importance when considering the resonance modes of the bowl as the resonance modes depend on the nonlinear Eigen value equation, that depend on the physical properties of the context. Therefore I have improved nonlinear model given by Octávio Inácio et al[2] by introducing the temperature effects, nonlinear materials effects and structural acoustic coupling elements for fluid-solid and fluid-fluid contact regions. I have used the structural acoustic coupling elements introduced by Giulio Maier et al [21] assuming elastic structure. The finite element solution of structural acoustic coupling problem was formulated by Carlsson [22].

The sketch of the structural acoustic coupling problem is shown in the Fig 2.0. The problem consist of two mediums structure and fluid namely and their respective boundary conditions are marked in the Figure 2.0. Mathematical formulation is done with the following force equation in elastic solid continuum medium and the boundary conditions. Strains of fluid and structure and fluid boundary condition where

assumed to be equal and the pressure and the normal stress at fluid-structure boundary are also assumed to

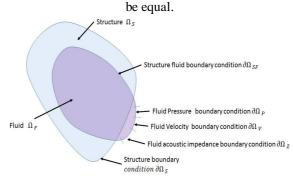


Fig 2.0 Diagram of Structural Acoustic Coupling Problem

Structural medium 
$$\tilde{V}^T \sigma_S + b_s = \rho_s \frac{d^2 v_s}{dt^2}$$
 in  $\Omega_s$ 

and  $\partial \Omega_{r}$  and initial conditions ----(5)

Where,  $\sigma_5$  is the stresses,  $b_5$  is the body force density,  $\rho_5$  is the density and  $U_5$  is the displacement.

Fluid mediums including the air and the water the KZK equation is used [19,1,5,11,12]

$$\begin{split} &\frac{\partial^2 \Psi}{\partial^2 t} - c_0^2 \nabla^2 \Psi = \frac{\partial}{\partial t} \left( b \nabla^2 \Psi + (\nabla \Psi)^2 + \frac{D/E}{2c_0^2} \left( \frac{\partial \Psi}{\partial t} \right)^2 \right), \quad in \,\Omega_F \\ &b = \frac{1}{\rho_0} \left( \frac{4}{3} \mu + \mu_B \right) + \frac{k}{\rho_0} \left( \frac{1}{c_v} - \frac{1}{c_v} \right), \\ &p = p_0 + \rho_0 \left( \frac{\partial \Psi}{\partial t} - \frac{(\nabla \Psi)^2}{2} + \frac{1}{2c_0^2} \left( \frac{\partial \Psi}{\partial t} \right)^2 \right) - \left( \frac{4}{3} \mu + \mu_B \right) \nabla^2 \Psi \end{split}$$

Where  $\Psi$  is the acoustic velocity potential, D and E are the coefficients of the first and the second terms of the Tailor series expansion of the equation relating material pressure (P) to it's density ( $\rho$ ). K is the thermal conduction,  $\mu, \mu_{\overline{D}}$  viscosity and the bulk viscosity, Where,  $p_0$  is the initial pressure,  $c_0$  is the acoustic velocity and  $\rho_0$  is the ambient density and  $C_p$ is specific heat capacity constant pressure and  $C_p$  is specific heat capacity constant volume.

and  $\partial \Omega_{\mathbf{P}}, \partial \Omega_{\mathbf{V}}, \partial \Omega_{\mathbf{Z}}$  initial conditions. -(6)

Coupling boundary  $U_{\mathfrak{s}}|_{\mathfrak{n}} = U_{\mathfrak{F}}|_{\mathfrak{n}}$  displacement at the boundary,  $\sigma_{\mathfrak{s}}|_{\mathfrak{n}} = -\mathcal{P}$  is the stress at the boundary,--(7)

Coupling boundary  $U_{Water}|_n = U_{Air}|_n$ displacement at the boundary,  $P_{Water} = -P_{Air}$  is the pressure at the boundary. The finite element solution is given by the Equation 8.1 [1,18]. In the solution of the model problem second order approximation of nonlinear longitudinal wave equation is employed. A set of super nodes which facilitates direct coupling with the structure and the cavity mass is employed.

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Where,

 $M_{s}$  is the assembled structural mass matrix,

 $\rho c^{2} L^{T}, L$  are the assembled fluid structure coupling mass matrix, where

p is the density an c is the velocity of sound

 $K_5$  is the assembled structural stiffness matrix,

 $K_F$  is the assembled fluid equivalent stiffness matrix -H is the assembled coupling stiffness matrix,  $F_b$  is the assembled body force matrix  $F_q$  is the assembled fluid flow force matrix  $R_s$  is the assembled solid damping matrix

# $R_{p}$ is the assembled fluid damping matrix Res<sub>e</sub>Residuals of solid and Res<sub>p</sub>

Residuals of Fluid (Air and Water),U and P are nodal displacement and pressure matrices

To obtain the acoustic resonance modes and frequencies reduced Eigen equation 8.2 [17,18] is used.

$$\begin{bmatrix} M_{\varphi} & 0\\ 0 & M_{F} \end{bmatrix} \begin{bmatrix} \Delta \ddot{U}\\ \Delta \ddot{\psi} \end{bmatrix} + \begin{bmatrix} R_{\varphi} & L\\ -\rho c^{2} L^{T} & R_{F} \end{bmatrix} \begin{bmatrix} \Delta \ddot{U}\\ \Delta \dot{\psi} \end{bmatrix} + \begin{bmatrix} K_{\varphi} & -H\\ 0 & K_{F} \end{bmatrix} \begin{bmatrix} \Lambda \ddot{U}\\ \Delta \psi \end{bmatrix} = \begin{bmatrix} Res_{\varphi}\\ Res_{F} \end{bmatrix} = \begin{bmatrix} 0\\ 0 \end{bmatrix}$$
--(8.2)

First step was the formulation of the  $M_s$  and  $K_s$  by assembling all the structural acoustic elements. The second step was the formulation of  $M_{\rm F}$  and  $K_{\rm F}$  by assembling the acoustic fluid elements including the water and air. The third step was the formulation of  $R_{a}$  and  $R_{F}$  by assembling the structural and fluid acoustic elements including water and Air. Third fourth was the formulation of H by using the coupling between the solid-water, solid-Air and water-Air boundary conditions. The boundaries solid -water and the solid air assumed to be coupled element with damper elements [20]. The water Air boundary is assumed to be having coupled elements by considering the surface tension [ref]. At the solid fluid boundary it is assumed that the degree of freedom (DOF) of solid, water and air acoustic elements are normal to the fluid-fluid boundary it is assumed that the normal pressure is balanced with the surface tension. The final step of the formulation was the assembling the Eigen equation 8.2 for obtaining the resonance modes of acoustic vibrations. The initial conditions assumed to be zero at the boundaries to obtain the Eigen solution. The elements of the matrices of the equation 8 are functions with respect to temperature. The nonlinear Eigen value equation matrices element values are estimated at temperature 5°C to 40°C and solutions are found for frequencies from 10Hz to 10kHz. I have used a popular open source nonlinear finite element solver for the implementation. The temperature dependent nonlinearity of the dimension of the bowl and the material properties are estimated from the equations 3.1 through 3.6. The sound velocity in air  $C_{Air}$  is also assumed to be nonlinear with temperature and equation 9.1 is used for the estimation of the velocity considering the 343m/s at 293  $\mathbb{K}^{\mathbb{Q}}$  (20  $\mathbb{C}^{\mathbb{Q}}$ ).

$$C_{Air} = \left(\frac{YRT}{M}\right)^{1/2} - - - -(9.1)$$
  
Where  $Y = \frac{u_p}{c_{y'}}$ 

In fluid the velocity is estimated by using the pressure and the density nonlinear relationships and by using the following equation 9.2 assuming isentropic process.

$$(C_{water})^{\ddagger} = \frac{\partial P}{\partial \rho} - - - - (9.2)$$

Three dimensional acoustic tetrahedral elements are selected for meshing and nonlinear FE solver is used for the simulation the meshing diagrams are shown in following Figs 3.a,3.b,3.c. and 3.d. the meshing has 3 domains Metal , Fluid (water) and air namely. A 1m spherical domain is used for the Air surrounding the metal bowl. Acoustic resonance modes simulations are carried out under both empty and partly filled conditions.

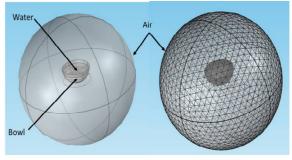
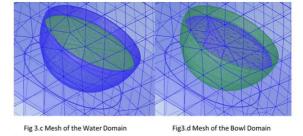


Fig 3.a Air, Water and Bowl

Fig3.b Mesh of the Air Domain

#### **IV. EXPERIMENT SETUP AND RESULTS**

The measurement arrangement is setup as shown in Fig 5.0. A multimeter with a thermocouple attached to the bowl is used for temperature measurement. The bowl is rubbed for the excitation and a microphone is used for audio recording at a 44.1kHz sampling rate. The following Fig 4.a shows a typical time domain signal of the exited bowl. The rubbing excitation excites the beats frequency modes as well as growing and followed by a degeneration phases after the rubbing stopped with respect to time.



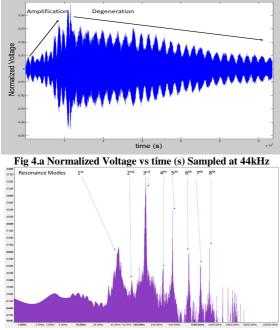
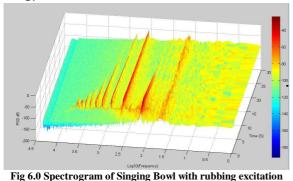


Fig 4.b Power Spectral Density Sampled at 44kHz



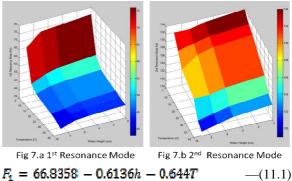
Fig 5.0 Experiment Setup

A typical Frequency domain power spectral density characteristics of the bowl is shown on the Fig 4.b. Only the first 8 resonance modes are considered for the discussion and higher order resonance were not considered. A typical Frequency and time spectrogram (PSD) of the Bowl is given in Fig 6.0. The frequency spectrums(first 8 Resonance modes Fig 4.b) are measured with empty bowl, partly filled bowled with 5cm,7cm and 9cm filled with water(total max eight is H=10cm). At each water level the frequency spectrums are measured for temperatures from  $5^{\circ}$ C to  $40^{\circ}$ C.

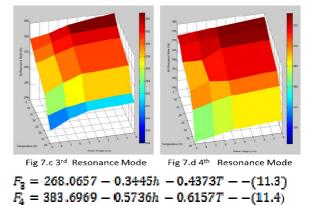


The following Figures Fig 7.a-Fig 7.h show the measured frequency variations due to the Temperature and the water height. The resonance mode Frequency  $(F_n)$  is assumed to be a linear function of water height (h) and temperature (T) given by the following equation 10. The Coefficients are found by using the multiple linear regression and the results shown 11.1-11.8 equations.

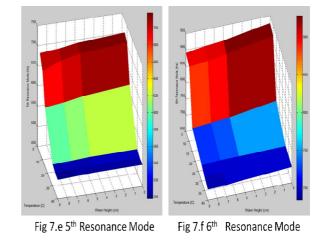
 $F_n = C + F\dot{h} + GT - - - - (10)$ Where F,G and C are constants.



 $F_2 = 135.9812 - 0.324h - 0.34587 - -(11.2)$ 



The following Figure 8.0 show the simulation results of the resonance modes. When m is not zero higher resonance modes have complicated geometrical displacement modes with faraday waves shown in Figure 9.0.



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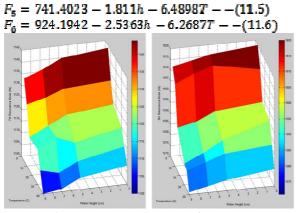


Fig 7.g 7th Resonance Mode Fig 7.h 8th Resonance Mode

 $F_7 = 1143.5 - 0.8h - 0.9T - -(11.7)$  $F_8 = 1624 - 0.9h - 1.1 - -(11.8)$ 

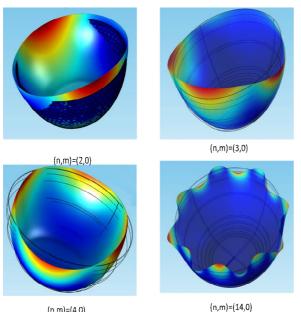


Fig 8.0 Resonance Modes where m=0 Fig 9.0 Resonance Modes with m≠0

#### DISCUSSION

(n,m)=(4,0)

The multiple linear regression Equations 11.1-11.8 has negative confidents for the water height and the Temperature therefore both factors having negative

correlation towards the resonance mode frequency. The analytical model and the simulated numerical solutions considering the nonlinear effects also predicted reduction of the resonance mode frequency with the increase of Temperature and the Water height. Also all the multiple regression equations showed higher magnitudes for the temperature coefficients than the water height coefficients respectively. It is also observed that the resonance mode frequency shift is significant at lower modes and higher modes but less significant in the middle Resonance modes. The recorded audio track shows Beat frequencies. The beats may have been developed due to the nonlinear material properties of the bowl and the asymmetry of the bowl dimensions. Therefore it is very important to maintain the Metallic singing bowl at a particular temperature in order to generate the required resonance frequency modes. The author would like thank the Ven Samadhi Sukhino for providing the Tibetan singing bowl for the experiment.

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